Wednesday, October 4, 2023 Today is day 2

"Strong people stand up for themselves, but stronger people stand up for others."

- CHRIS GARDNER

Menu: Chicken fajita bowl, brown rice, corn, black beans, pico de galla, peaches, apple and milk. Line 3: Mac and cheese, diced hotdog, fresh veggies, peaches, apple, bread slice, sun butter and milk.

Tomorrow's dress up day is: Tropical Day! Homecoming buttons are for sale in the office. The cost is \$3.00.

FIS shirts are available to purchase on the Henry Embroidery website.

Any 8th Grade Choir student should stop by the Choir Room toward the beginning of Advisory today to pick up a fundraising packet.

8th grade volleyball played against Pequot Lakes last night. They played great and had a couple close games. A team won their match and B team lost. Good job Falcons!

There are low brass and 5th grade percussion lessons today.